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Insel and Roth, *Core Concepts in Health* pioneered the concept of personal responsibility for health and individual behavior change back in 1976. Now in its 11th edition, it is still the market leader and is known for its scientific research base and its currency, comprehensiveness, and accuracy.

Connect Core Concepts in Health remains the leading health textbook in U.S. higher education. The book's unique psychological approach to mind-body health encourages students to take proactive self-assessments. Students can stay current on the latest studies while learning how to negotiate cross-cultural ideas of what it means to be healthy and how to live in our diverse, consumer-oriented society. McGraw Hill Education's digital and teaching-learning tools also integrate *Connect Core Concepts in Health*'s authoritative, science-based content. The seventeenth edition features new research-based coverage of the use of digital technology, including new Tech Tips in every chapter that help students take advantage of apps and tech-based devices that will help them reach their fitness and wellness goals. Additionally, every chapter has been updated to reflect current scientific thinking, data, and statistics from such authoritative sources as the Centers for Disease Control and Prevention, the American Cancer Society, the American Heart Association, the U.S. Food and Drug Administration, and the U.S. Department of Agriculture.

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In Core Concepts in Contemporary Psychoanalysis, alongside its companion piece Core Concepts in Classical Psychoanalysis, Morris N. Eagle asks: of the core concepts and formulations of psychoanalytic theory, which ones should be retained, which should be modified and in what ways, and which should be discarded? The key concepts and issues explored in this book include: Are transference interpretations necessary for positive therapeutic outcomes? Are the analyst's countertransference reactions a reliable guide to the patient's unconscious mental states? Is projective identification a coherent concept? Psychoanalytic styles of thinking and writing. Unlike other previous discussions of such concepts, this book systematically evaluates them in the light of conceptual critique as well as recent research-based evidence and empirical data. Written with Eagle's piercing clarity of voice, Core Concepts in Contemporary Psychoanalysis challenges previously unquestioned psychoanalytic assumptions and will appeal to psychoanalysts, psychoanalytic psychotherapists, and anyone interested in integrating core psychoanalytic concepts, research, and theory with other disciplines including psychiatry, psychology, and social work.

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