

## Deliciously Ella Smoothies Juices Bite Size Collection

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This item: [Deliciously Ella: Smoothies & Juices: Bite-size Collection](#) by Ella Mills (Woodward) Hardcover \$15.62. In stock. Ships from and sold by TheWorldShop. [Deliciously Ella Making Plant-Based Quick and Easy: 10-Minute Recipes, 20-Minute Recipes, Big Batch ...](#)

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30 new recipes in a mini pocket book from bestselling cookery author Deliciously Ella. The first of Deliciously Ella's 'Bite-size Collection' - a new series of small-format books - celebrating the delicious, nutritious and super speedy smoothies and juices that Ella loves! Featuring 30 all-new recipes for nourishing smoothies and amazing juices bursting with simple, plant-based ingredients full of flavour and goodness.

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Ingredients 1 ½ frozen bananas 30g frozen spinach 30g frozen kale 1 tablespoon almond butter 150ml fresh apple juice

~~[Green Glow Smoothie Recipe - Deliciously Ella](#)~~

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~~Interview with Deliciously Ella! ♣ radical broccoli~~

Sep 12, 2019 - All my favourite smoothie and juices recipes. Packed with fresh fruit and vegetables and all vegan friendly and gluten free. Perfect for breakfast, or an afternoon pick-me-up!. See more ideas about Smoothies, Deliciously ella, Smoothie recipes.

~~60+ Best Smoothies & Juice Ideas images | smoothies ...~~

Deliciously Ella: Awesome ingredients, incredible food that you and your body will love' Hodder and Stoughton, London, 2015. ISBN 9781444795004; Deliciously Ella Every Day. Hodder and Stoughton, London, 2016. ISBN 9781473619487; Deliciously Ella: Smoothies & Juices: Bite-size Collection. Sept 2016 ISBN 1473647282; Deliciously Ella With Friends ...

~~Ella Woodward - Wikipedia~~

They are bursting with flavour thanks to the harissa and lemon juice marinade and taste delicious with the thick sauce drizzled over the top. We love to serve them with a spread of summer salads and dips. ... Cut the peppers into bite-sized chunks. Drain and pat dry the tofu, before cutting into bite-sized chunks. ... Deliciously Ella US Inc ...

~~Spiced Skewers with Harissa Sauce Recipe - Deliciously Ella~~

This is a very thin companion piece to the other 3 books in the "Deliciously Ella" series. The book only has 30 recipes that are definitely not "must haves" unless you're a big fan of Ella or juices/smoothies.

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