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[PDF] The Distracted Mind: Ancient Brains in a High-Tech World ...
In the simplest of terms, Adam Gazzaley and Larry D. Rosen's The Distracted Mind: Ancient Brains in a High-Tech World is a book about technology and the distractions that often accompany it. This...

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The Distracted Mind by Adam Gazzaley and Larry D. Rosen is a highly engaging read of how we cognitively pursue our goals and how our brains have to frequently overcome internal and external interference, including that from modern technologies, to do this successfully. The book includes excellent, clear examples of what these problems of goal interference are and how they might affect us in our daily lives.

The Distracted Mind | The MIT Press
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ADAM GAZZALEY LARRY D. ROSEN THE DISTRACTED MIND ANCIENT BRAINS IN A HIGH-TECH WORLD " Gazzaley and Rosen ' s work is brilliant and practical, just what we need in these techno-human times. " . THE DISTRACTED MIND ANCIENT BRAINS IN A HIGH-TECH WORLD Photograph by Ned Bonzi.

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