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I can only recommend this book to those of you who have not already purchased Mark Law's previous book on the subject of judo, THE PYJAMA GAME. You see this book and that one

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are in fact the same book with different titles and a different cover design. And in truth, I feel totally ripped off since there was no indication that this was a revised edition. So I hope this stops anyone else from making ...

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Once again it's a great book on the subject of judo. But there is no reason to buy the same book twice. To read a review of this book simply go to my review of the PYJAMA GAME, A JOURNEY INTO JUDO since this book is no more than a revised edition. As for myself I can now send this book to some fellow judoka as a gift.

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Kindle ePUB free. I really enjoyed the first half when he talked about his own experiences stepping onto the mat, and the earlier Judo history was interesting. Unfortunately the book then gets bogged down in recent history ...

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Falling Hard is Law's love letter to judo-the culture, drama, history, and practice. Law's account is as much for the sports writing fan and armchair enthusiast as for the judo practitioner. - Falling Hard: A Journey Into the World of Judo by Law, Mark.

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Falling Hard is Law's love letter to judo—the culture, drama, history, and practice. With journalistic zeal, he delves deeply into the sport's history and lore, and interweaves his own judo experiences with the development of judo in Japan, the life and vision of its founder Jigoro Kano, the export of judo to the West, the emergence of women in the sport, and detailed descriptions of ...

Falling Hard - Shambhala Publications

Falling hard : a journey into the world of judo. [Mark Law] -- "A witty and compelling journey into the enigmatic sport of judo--the culture, drama, history, and practice. On his fiftieth birthday, journalist and self-described indolent sportsman Mark Law ...

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Since moving into their new £11m Santa Barbara mansion, Prince Harry and Meghan Markle have been keeping themselves busy with Zoom conference calls and recently signed a £112m deal with Netflix ...

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Megan Fox has hit out at her ex-husband Brian Austin Green for posting a picture with their son Journey in the background on Instagram. The film star, who split from Green earlier this year after ...

Megan Fox blasts ex Brian Austin Green for sharing picture ...  
Janna Levin is a professor of physics and astronomy at Barnard College, Columbia University.; Levin's book, Black Hole Survival Guide, will be available in the UK on 12 November and can be found ...

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A founding editor of The First Post recounts his impulsive decision to take up judo when he turned fifty, an activity he came to love and admire in spite of grueling training sessions, in an account that also describes his research into judo history and his attendance at matches between famous competitors. Original.

- A compelling memoir: Just when Stacy Morrison thought she had it all, her husband of ten years announced that he wanted a divorce. She was left alone with a new house that needed lots of work, a new baby who needed lots of attention, and a new job where she was called on to dispense advice on life and love to women across the country. With humor and heart, Stacy shares the unexpected lessons of

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grace, love, and forgiveness she learned as she struggled to put her life back together.. • An insider's view of the magazine world: Stacy immerses her readers in the fascinating, high-pressure world of New York publishing. Yet, despite her high profile job, Stacy's struggle with the stress of being a working mother while trying to make sense of her unraveling marriage—revealed with bracing honesty and intimacy—will resonate deeply with millions of women. . • For all those who loved Eat, Pray, Love : Despite all the expert relationship wisdom at her disposal through her job and the love and support of family and friends, Stacy realized that moving through her divorce was a journey she would have to make alone. Falling Apart in One Piece is the story of how she faced fear, panic, and heartbreak to find a sense of

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peace and reconciliation..

"Former actress Emma Rothschild is partying in Vegas in disguise. But I'm not fooled. Five years ago, I knew that body better than my own, and I haven't forgotten a single detail--not the curve of her hip beneath my hand or the hitch in her breath when I kiss her neck. When Emma's unexpectedly left alone in Sin City, I agree to spend the weekend with her. As friends. Why not? If I can knock down the toughest guys in the NFL, I'm strong enough to keep my hands to myself, even if she is the sexiest woman I've ever met. Emma is part of my past--years so shrouded in secrets that not even my best friends know the truth about who I am. I'm a single dad now and not interested in revisiting my old

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ways or trying to win back the only woman I ever let close enough to break my heart. But this is Vegas, where all bets are off, and with Emma, nothing ever goes as planned ..."--Back cover.

Lang Charters was living the American Dream until a surreal accident on a family hike stole not only that, but nearly his life. Yet, plummeting off a cliff taught him the richest life isn't about ascending and achieving, but falling into the love of God and others. In *Falling into Love*, he narrates an inspiring story about his accident, recovery, and rehabilitation. He tells about people coming together when life falls apart, love transcending distance, hope in the midst of despair, beauty blossoming from hurt, and God's unending affection for us

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shining through in gloriously simple, regular, weird, and awesome ways. This feel-good memoir faces the struggles, doubts, pains, and questions head on, grappling with deep issues thoughtfully and authentically. Charters shares his story and reflections to encourage a greater love for others, self, life, and God. If love is the point, his tale of nearly dying, loss, sorrow, transformation, relationship, kindness, care, healing, and God's goodness highlights what this means.

From USA Today bestselling author Dakota Davies comes a small town family saga full of family secrets and sizzling heat. Does every first love deserve a second chance? Six years ago, my world imploded and the only way to protect the girl of my dreams was to break our pact and set her free. Though

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I've settled into my new role as a single dad and firefighter, I've never forgotten Lori's bright smile, her determination, the crazy, reckless love we shared night after night that summer. So when a twist of fate brings her back to Penny Creek, I'm hell bent on winning her back. Turns out I can still make her blush, she's still full of surprises, and our chemistry is hotter than ever. But she's made it clear that in two weeks, she'll be returning to the life she left behind without me. Suddenly, I'm in a race against time to get her to stay. And just when I think we've scored our second chance, our pasts come back to push us apart once more. Can I fight hard enough to keep her this time? Fall in love with in Falling for My Fling, the sexy second chance romance readers are comparing to Lauren Blakely and Corinne Michaels. Buy Falling for My Fling today!

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A yoga teacher's wise, witty memoir about life and near-death: "In a world full of new-age nonsense, Michael is a true gem." —Jessica Biskind, MA, LPC Michael Harris has had his ups and downs in life. There were a few big falls, like losing more than half of his liver in an accident at twelve years old, becoming an alcoholic by sixteen—endangering what was left of that liver—and nearly losing his legs from vascular disease at twenty-seven. But once Michael gets you through the gory details of the mess he found himself in, he'll tell you what he did to get back up out of that mess—with plenty of entertainment and inspiration along the way. From his brushes with death to his passion for life, and his tale of how he ultimately became a successful yoga teacher, Falling

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Down Getting Up just might help you get back up, too.

Are you endlessly chasing people and opportunities so you can finally feel happy and fulfilled? Are you feeling like no matter what you do that you are never enough? Yes I know what that feels like – I have been there and I finally decided I had enough of that. My solution was to learn how to fall in love with me and finally learn that I am enough right now. In *Falling in Love with ME*, I share my own personal journey with you in a deeply personal and vulnerable way to help you have the courage to do the same – to fall in love with you. You will find powerful exercises that I have used with both myself and my clients to help you fall in love with you. You are amazing, you have a purpose for being here – it is time for you to fall in

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love with you so you can be happy and fulfilled right now and share who you are and live why you are here with the world – the world needs you to fully be and express you. Come join me on the best journey of your life.

To get back up sometimes you have to fall down, hard . . . What's the point of pretending nothing has changed when everything has? It's the last summer before college, and Jonas Avery knows he should be excited. Instead, he hides out at home, avoiding his friends, his family, and everything that resembles his old life. Because nothing will be normal again—because of The Accident, when everything started falling apart. Brennan Davis knows she needs to stand up and face her anxiety—the deep, dark, debilitating dread that

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rules her everyday life. Because what stops her from going out into the world and just living is going to get a whole lot worse. She's leaving for college in the fall, where she'll be confronted with even more to worry about. When Jonas crashes into Brennan—in a harmless, albeit embarrassing fender bender—the two teens connect in ways they never expected. As friends, they help each other overcome their biggest falls and faults, and soon discover that while love can't fix everything, it's sometimes a place to start. Sensitive, wry, and unabashedly authentic, *The Opposite of Falling Apart* isn't about finding perfection in another person or fixing the things we think are broken. Instead, Micah Good has penned an enchantingly honest novel about accepting the very pieces of ourselves that make us unique, whole, and

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undeniably human.

GOOD MORNING AMERICA BUZZ PICK • A woman who's used to going solo discovers that there's one relationship she can't run away from in this "endearing and hilarious" (BuzzFeed) novel, a probing examination of the complexities of family, queerness, race, and community "Razor-sharp and outrageously funny, *Skye Falling* is an absolute winner."—Taylor Jenkins Reid, New York Times bestselling author of *The Seven Husbands of Evelyn Hugo* When she was twenty-six and broke, Skye didn't think twice before selling her eggs and happily pocketing the cash. Now approaching forty, Skye still moves through life entirely—and unrepentantly—on her own terms, living out of a suitcase and

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avoiding all manner of serious relationships. Maybe her junior high classmates weren't wrong when they voted her "Most Likely to Be Single" instead of "Most Ride-or-Die Homie," but at least she's always been free to do as she pleases. Then a twelve-year-old girl tracks Skye down during one of her brief visits to her hometown of Philadelphia and informs Skye that she's "her egg." Skye's life is thrown into sharp relief and she decides that it might be time to actually try to have a meaningful relationship with another human being. Spoiler alert: It's not easy. Things get even more complicated when Skye realizes that the woman she tried and failed to pick up the other day is the girl's aunt, and now it's awkward. All the while, her brother is trying to get in touch, her mother is being bewilderingly kind, and the West Philly pool halls and hoagie

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shops of her youth have been replaced by hipster cafés. With its endearingly prickly narrator and a cast of characters willing to both challenge her and catch her when she falls, this novel is a clever, moving portrait of a woman and the relationships she thought she could live without.

"The perfect feel-good read."--Emily Henry, #1 New York Times bestselling author of *People We Meet on Vacation*  
Britta didn't plan on falling for her personal trainer, and Wes didn't plan on Britta. Plans change and it's unclear if love, career, or both will meet them at the finish line. Britta Colby works for a lifestyle website, and when tasked to write about her experience with a hot new body-positive fitness app that includes personal coaching, she knows it's a major

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opportunity to prove she should write for the site full-time. As CEO of the FitMi Fitness app, Wes Lawson finally has the financial security he grew up without, but despite his success, his floundering love life and complicated family situation leaves him feeling isolated and unfulfilled. He decides to get back to what he loves--coaching. Britta's his first new client and they click immediately. As weeks pass, she's surprised at how much she enjoys experimenting with her exercise routine. He's surprised at how much he looks forward to talking to her every day. They convince themselves their attraction is harmless, but when they start working out in person, Wes and Britta find it increasingly challenging to deny their chemistry and maintain a professional distance. Wes isn't supposed to be training clients, much less meeting with

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them, and Britta's credibility will be sunk if the lifestyle site finds out she's practically dating the fitness coach she's reviewing. Walking away from each other is the smartest thing to do, but running side by side feels like the start of something big.

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