

Fontainebleau Fun Bloc Escalade Bouldering Jingo Wobbly Photo Guide

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'Fun Bloc' is a new guidebook to the concept of Fontainebleau. It outlines the best 24 areas suitable for mixed level groups, as well as providing location maps, boulder plans, photo topos and action photographs.

A full-color guide to one of Europe's most popular bouldering and climbing destinations * More than 300 circuits * Icons describe routes' difficulty, popularity, shady or sunny, and more * Comprehensive appendices tell how to get there and places to stay * Includes tips for the first-time visitor to Fontainebleau Located near Paris, Fontainebleau is one of Europe's most popular rock climbing and bouldering destinations. This user-friendly guide offers all the information a climber needs when making a trip to the region: the best sites and routes, difficulty ratings, suggestions for ideal climbs with children, and more. Fontainebleau Climbs is chock-full of inspiring color photos and detailed maps that show a variety of routes to provide options with different levels of difficulty.

This guide introduces the climber to the magical bouldering in the forest of Fontainebleau. Every climber should visit Fontainebleau at least once in their life - the beauty of the forest and the sculpted sandstone boulders attract climbers from around the planet keen to test their technique and ability on stones shaped as though for the very soul of a climber.

Fontainebleau is the world centre for boulder style climbing, with thousands of boulders scattered throughout the majestic forest. This 2nd volume covers all of the quieter areas that are "deep" in the forest (TOP SECRET), hidden from the crowded hotspots. The climbing in these areas is stunning, with over 130 classic circuits that comprise of 5000+ problems. The beautifully clear graphics and 1400+ photo topos, also allows for an additional 4000+ off circuit problems to be included. This book gives an exceptional level of detail with problem styles, heights, and even crash pad ratings.

' When it comes to training for climbing, you are your own experiment. ' Beastmaking by Ned Feehally is a book about training for climbing. It is designed to provide normal people – like you and me – with the tools we need to get the most out of our climbing. It is written by one of the world ' s top climbers and a co-founder of Beastmaker. It features sections on finger strength, fingerboarding, board training, mobility and core, and includes suggested exercises and workouts. There are insights from some of the world ' s top climbers, including Alex Honnold, Shauna Coxsey, Adam Ondra, Alex Puccio and Tomoa Narasaki. Free from jargon, it is intended to provide enough information for us to work out what we need to train, and to help us to train it.

A companion guide to the successful Fontainebleau Climbs. It describes 3000 of the harder boulder problems from throughout the Fontainebleau Forest in France. It splits into 92 different sectors and points to 250 problems; and contains 120 maps - both general

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location maps and boulder layouts.

Located in northern Italy, the 'Pale Alps' contain climbing of every shape and size. The area is particularly renowned for its via ferrata, cabled routes pre-dating the Great War. This guide covers everything you need for a climbing trip, regardless of ability.

Chamonix is the most famous climbing area in Europe. Nowhere else has as much quality rock, spectacular peaks and varied mountaineering history. For most climbers a trip to Chamonix is an integral part of their climbing and mountaineering career. When there you want to try everything; perfect granite rock routes, magnificent long ridges, intimidating north faces and then also have some valley sport climbing for the 'rest days'. Or maybe you just want to tick Mont Blanc. For Rockfax this is one of our most exciting challenges yet. Doing justice to this vast area with its many iconic climbs and mountain routes and great variety of climbing is no small task. For the first time ever, all this is in a single publication from Rockfax with hundreds of routes ranging from short sport ticks to the best multi-day adventures. It is illustrated with some amazing phototopos, superb maps and with excellent detailed descriptions.

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