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In Smarter Faster Better he finds provocative answers to a riddle of our age. -- Jim Collins, author of GOOD TO GREAT

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There are valuable lessons in Smarter Faster Better. . . I never felt like putting it down., Financial Times Duhigg brings impressive reportorial and narrative skills to the project., Spectator

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Interesting set of eight ideas discussed tone Smarter, Faster and Better. These are a set of disjoint tools that a reader can use one, more or all at once. Personally, I loved the topics on innovation, focus and disfluency.

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In *The Power of Habit*, Charles Duhigg explained why a person does what he does. He is out with a new book this time, entitled— *Smarter Faster Better: The Secrets of Being Productive* and applies same relentless level of details, with numerous research studies and interviews, makes this one

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too, highly informative.

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Smarter Faster Better: The Secrets of Being Productive in Life and Business: Book Format: Hardcover: Number Of Pages:

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400 pages: First Published in: March 2016: Latest Edition: March 8th 2016: ISBN Number: 9780812993394: Language: English: Awards: Goodreads Choice Award Nominee for Nonfiction (2016) category:

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“ When people believe they are in control, they tend to work harder and push themselves more. They are, on average, more confident and overcome setbacks faster. ”

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Smarter Faster Better Quotes by Charles Duhigg
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In Smarter Faster Better, he applies the same relentless curiosity, deep reporting, and rich storytelling to explain how we can improve at the things we do. It ' s a groundbreaking exploration of the science of productivity, one that can help anyone learn to succeed with less stress and struggle, and to get more done without sacrificing what we care about most - to become smarter, faster, and ...

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