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River Cottage Spring 4

Spiced Beef with Bashed Beans | Hugh Fearnley-Whittingstall~~The River Cottage Fish Book~~

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The River Cottage Fish Book: The Definitive Guide to Sourcing and Cooking Sustainable Fish and Shellfish [A Cookbook] (River Cottage Cookbook): Fearnley-Whittingstall, Hugh, Fisher, Nick: 9781607740056: Amazon.com: Books.

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Gravadlax with beetroot This is a classic, adapted from The River Cottage Fish Book. The beetroot in the cure is Steve's addition. The vegetable has no real curing...

~~Recipes > Fish | River Cottage~~

He has written eight books, including "The River Cottage Meat Book," the 2008 James Beard Cookbook of the Year. Hugh established the River Cottage farm in rural Dorset, England, in 1998. NICK FISHER is a leading fish authority and journalist who has created and presented television and radio shows on fishing.

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The book is rounded off with a useful directory and an excellent index. Given its scope it's not surprising that it's a large and fairly heavy book - but don't let those details put you off. 'The River Cottage Fish Book' is a joy - buy it: you won't be disappointed.
RST

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The River Cottage Fish Book by Hugh Fearnley-Whittingstall More than just a cookbook, this beautifully produced volume in three parts promotes a total understanding of British fish, from their natural habitats to what sauce they go best with to how to respect their seasonality, in keeping with the River Cottage ethos.

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