

Volleyball Study Guide Physical Education

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The sport of volleyball has more participants than any other sport in the world with the exception of soccer. There are more than 800 million people worldwide who play volleyball, with an estimated 46 million participants in the United States. William Morgan, an instructor at a YMCA in Holyoke, Massachusetts, invented the game in 1895. (The game of basketball was invented 4 years earlier ...

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position to hit the ball 2. Interlock your hands, thumbs together 3. Physical Education (Volleyball) Study Guide Flashcards

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Volleyball is played on a court with a net dividing the two teams. The height of the net varies according to gender. Generally, for men, nets should be 7 feet, 11.625 inches, while for women nets...

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Volleyball is a game played between two teams of six players, separated by a net. Each team attempts to score points by pushing a ball over the net and landing it in the opposing team's court.

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