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~~are not so smart, David McRaney Skepticity Episode 178~~

~~You Are Not So Smart~~

~~Adam Recommends a book (You Are Not So Smart)~~

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keep the lights on, buy the coffee, and make the show possible.  
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## *You Are Not So Smart*

You Are Not So Smart is a dose of psychology research served in tasty anecdotes that will make you better understand both yourself and the rest of us. It turns out we're much more irrational than most of us think, so give yourself every advantage you can and read this book." — Alexis Ohanian, Co-Founder of Reddit.com "You Are Not So Smart is the go-to blog for understanding why we all do silly things." — Lifehacker.com

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?You Are Not So Smart is a show about psychology t... In this  
episode, we explore why we are unaware that we lack the  
skill to tell how unskilled and unaware we are.

### *?You Are Not So Smart on Apple Podcasts*

Written in a light and humorous tone, *You Are Not So Smart* is a nice introduction to several different areas of psychology. Never diving too deep into the science, each chapter gives examples and case studies into why we behave and think the way we do.

*You Are Not So Smart: Why You Have Too Many Friends on*

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Gretchen McCulloch is an internet linguist: she explores the language of the internet for the people of the internet. She's the author of the New York Times bestselling book *Because Internet: Understanding the New Rules of Language*, which was published by Riverhead (Penguin) in July 2019 and has been reviewed in the New York Times, the New Yorker, the Economist, TIME, the Atlantic, NPR, and ...

*YANSS 194 – How memes, text messaging, emojis, and ...*

You Are Not So Smart Summary “There is a growing body of work coming out of psychology and cognitive science that says you have no clue why you act the way you do, choose the things you choose or think the thoughts you think.”



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*Book Summary: You Are Not So Smart by David McRaney* 46

The You Are Not So Smart Podcast Interview with Central Standard I sat down with the fine people at KCUR's Central Standard to talk about my upcoming book about changing your mind.

*David McRaney*

smart you and the rest of the human race have become. Yet you lock your keys in the car. You forget what it was you were about to say. You get fat. You go broke. ... and not so good in others, like logic puzzles with numbered cards. This is the sort of thing you will find throughout this book, with explanations and musings to boot. ...

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*You Are Not So Smart - Stuck At Home Mom.com*

You are not so smart. Can you explain the you are not so smart; Survivorship Bias by David McRaney? 0 comments.

share. save. hide. report. 50% Upvoted. Log in or sign up to leave a comment Log In Sign Up. Sort by. best. no comments yet. Be the first to share what you think!

*Can some please help explain. You are not so smart ...*

Yet journalist David McRaney's *You Are Not So Smart*, is meant to challenge even the most basic assumptions about our personal beliefs and self-concepts to help shed light on the irrational stories we tell ourselves, our common self-delusions and, most importantly, why we act as if we know better.

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*Review: You Are Not So Smart | HuffPost*

But here's the truth: You are not so smart. You're just as deluded as the rest of us--but that's okay, because being deluded is part of being human. Growing out of David McRaney's popular blog, You...

*You are Not So Smart: Why You Have Too Many Friends on*

...

You Are Not So Smart is a dose of psychology research served in tasty anecdotes that will make you better understand both yourself and the rest of us. It turns out we're much more irrational than most of us think, so give yourself every advantage you can and read this book."

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*You are Not So Smart - Kindle edition by McRaney, David ...*

Fifty Best You Are Not So Smart Podcasts For 2020. Latest was 194 - Because Internet. Listen online, no signup necessary.

## *Best You Are Not So Smart Podcasts (2020)*

You Are Not So Smart is a celebration of self-delusion. It's like a psychology class, with all the boring parts taken out, and with no homework. Based on the popular blog of the same name, You Are Not So Smart collects more than 46 of the lies we tell ourselves everyday, including:

*You Are Not So Smart by David McRaney: 9781592407361*

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It's a good story, and you believe it day-to-day, but that story is mostly fiction. Here are 10 ways you delude yourself between every shower and meal, each of which you can read about in more detail in my book, *You Are Not So Smart* [Gotham, \$15.00]:

*10 Reasons Why You Are Not So Smart | HuffPost*

*You Are Not So Smart* is a celebration of self-delusion. It's like a psychology class, with all the boring parts taken out, and with no homework. Based on the popular blog of the same name, *You Are Not So Smart* collects more than 46 of the lies we tell ourselves everyday.

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“You will soon realize you are not so smart, and thanks to a plethora of cognitive biases, faulty heuristics, and common fallacies of thought, you are probably deluding yourself minute by minute just to cope with reality.”

*You Are Not So Smart Quotes by David McRaney*

Listen to You Are Not So Smart episodes free, on demand. In this episode we welcome Yale psychologist Laurie Santos who discusses her new podcast, The Happiness Lab which explores how wrong and misguided we can be when we pursue the things we think will make us happy or avoid the things that we think will make us sad. Based on the psychology course she teaches at Yale - the most popular

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*You Are Not So Smart - 163 - The Happiness Lab | Listen ...*

Our guest on this episode of the You Are Not So Smart Podcast is Dr. Julia Shaw, the author of *The Memory Illusion*, Julia is famous among psychologists because she was able to implant false memories into a group of subjects and convince 70 percent of them that they were guilty of a crime they did not commit, and she did so by using the sort of sloppy interrogation techniques that some police departments have been truly been guilty of using in the past.

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